## Happy 1st Birthday!

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The State Employee Wellness Center is celebrating it's first anniversary. The Wellness Center staff is hosting a fun Open House for all State Employees to stop by and enjoy. There will be FREE door prizes, games, food, and Fitness demonstrations.

Join us from 10:00AM-2:00PM on August 18th!

Attend the Open House and join the Wellness
Center for only \$1 and don't pay until Sept. 1st.
Offer applies to Basic Start Fees. Monthly membership fees still apply. New members only.

10:00AM-2:00PM
Fitness Center Tours and Games

11:00AM-11:20AM
"Totally Tubin' With Jacci"

11:30AM-12:00PM Recipe Bake Off

12:10PM-12:20 PM The Healthy Hero is...

> 12:30PM-1:00PM "Yoga-Palooza"

1:00 PM-1:20PM
"Totally Tubin' With Jacci"

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